



# BOOT CAMP

## REGISTRATION

Earl Grey Community Centre - 360 Cockburn St N  
January 31 – February 27, 2012

### EVENING

Monday, Wednesday & Thursday 5:45-6:45PM

**No class February 20 because of Louis Riel Day**

	<b>1 day/wk</b>	<b>2 day/wk</b>	<b>3 day/wk</b>
<b>Cost:</b>	\$58.75**	\$113.50**	\$163.75**

### **\*\*GST is included**

Registration: Complete the form below and e-mail to [missfitpts@gmail.com](mailto:missfitpts@gmail.com)  
Or call *MissFit* Personal Training Services at 612-2044

### **Registration Form**

Name: _____
Phone: (Home) _____ (Cell/Work) _____
E-Mail: _____
Date of Birth: (Day/month/year) _____
Emergency Contact: (Name) _____
(Phone) _____
Price Option and Total including GST: _____

Client voluntarily consents to participate in any of MissFit Personal Training Services programs, and declares that he/she is physically sound and suffers no condition or illness that would prevent him/her from participation. Client further accepts any and all risks of injury and waives any claim of any manner against MissFit from all manner of actions deriving from participation in the training program under this Agreement. Client will inform MissFit of any changes to health after signing this waiver form. In addition to this form, please complete the **physical abilities questionnaire (par-q)**. Please arrive 5-10 min early the first day to sign below if you are not mailing this form.

\_\_\_\_\_  
(Participant Signature)

\_\_\_\_\_  
(Date)

Please make cheque payable to MissFit Personal Training Services. Cheque can be mailed or dropped off at 1030 McCalman Ave, Winnipeg Manitoba, R2L-1H4.